

DAY/TIME	ROOM	Thursday 29th Dec 2016	Friday 30th Dec 2016	Saturday 31st Dec 2016	Sunday 1st Jan 2016	Monday 2nd Jan 2017	Tuesday 3rd Jan 2017
7.15-8.30	Shiva/Shakti	OSHO MEDS	Dynamic	Kundalini	Nadabrahma	Chakra Breathing	No-Mind
8:30-9:30	Heart Building		Breakfast				
9:45-11.15	Shiva/Shakti		Morning Gathering, Singing & Sharing				
11.15-11.45			BREAK				
11.30 to 1.30 pm Morning Sessions	Shiva/Shakti		5 Rhythms (Tripura Kashyap)	5 Rhythms (Tripura Kashyap)	5 Rhythms (Tripura Kashyap)	Biodanza (Nataraj)	Contact Dance (Irene Sposetti)
	Pantanjali		Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Contemporary (Yuko)	Contemporary (Yuko)
1.30pm to 2.30pm	Outside		LUNCH				
2.30pm-3pm			BREAK				
3pm to 4.45pm Afternoon Sessions	Shiva/Shakti		Biodanza (Nataraj)	Biodanza (Nataraj)	Biodanza (Nataraj)	Belly Dance (Payal Gupta)	Belly Dance (Payal Gupta)
	Pantanjali		Creative Movement Therapy (Manju)	Creative Movement Therapy (Manju)	Shamanic Sweat Lodge (James & Riya)	Bollywood (Vidisha)	Bollywood (Vidisha)
4.45 to 5.15pm			BREAK				
5.15 to 7pm Evening Sessions	Shiva/Shakti	Opening Gathering Shiva/Shakti	Breath Dance (Andrew Barnes)	Shamanic Dance (James & Riya)	Contemporary (Zanicca)	Contemporary (Zanicca)	Contemporary (Zanicca)
	Pantanjali		Tango binoy	Tango Binoy	Shamanic Sweat Lodge (James & Riya)	Tantra Movement Alchemy Binoy	Breath Dance (Andrew Barnes)
7pm to 8pm	Heart Building		DINNER				
8pm to 8.30pm			BREAK				
8.30 to 11pm	Shiva/Shakti	Opening Ceremony & Dance Party	Live Sufi & Rajasthani Music	New Years Eve Party with Singing, Cacao Ceremony, DJs Late night treats & Gong Bath	Kirtnias & Contact Jam with Jerome & Irene	Dance Performances	End of Festival Student Performances & Closing Party
10 to 12am	Heart Building		Nataraj Lounge (Riya)		Nataraj Lounge (Madasudan)	Nataraj Lounge	