

DAY/TIME	ROOM	Friday 29th Dec 2017	Saturday 30th Dec 2017	Sunday 31st Dec 2017	Monday 1st Jan 2018	Tuesday 2nd Jan 2018	Wednesday 3rd Jan 2018	
7.15-8.30	Shiva/Shakti	OSHO MEDS	Dynamic	Kundalini	Nadabrahma	Chakra Breathing	No-Mind	
8:30-9:30	Heart Building		Breakfast					
9:45-11.15	Shiva/Shakti		Morning Gathering & Sharing					
11.15-11.45			BREAK					
11.30 to 1.30 pm Morning Sessions	Shiva/Shakti		5 Rhythms (Yiannis Thrasyvoulou)	5 Rhythms (Yiannis Thrasyvoulou)	5 Rhythms (Yiannis Thrasyvoulou)	5 Rhythms (Yiannis Thrasyvoulou)	Contact Dance (Irene Sposetti)	
	Pantanjali		Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Contemporary (Yuko)	Contemporary (Yuko)	
1.30pm to 2.30pm	Outside		LUNCH					
2.30pm-3pm			BREAK					
3pm to 4.45pm Afternoon Sessions	Shiva/Shakti		Biodanza (Niraj)	Biodanza (Niraj)	Biodanza (Niraj)	Belly Dance (Payal Gupta)	Belly Dance (Payal Gupta)	
	Pantanjali		Breath of Life (Ashwin)	Contact Jam	Shamanic Sweat Lodge (James Stevenson)	Breath of Life (Ashwin)	Biodanza (Niraj)	
4.45 to 5.15pm			BREAK					
5.15 to 7pm Evening Sessions	Shiva/Shakti	Opening Gathering Shiva/Shakti	Shamanic Dance (James Stevenson)	Tantra Dance (James Stevenson)	Bollywood (Vidisha)	Bollywood (Vidisha)	Bollywood (Vidisha)	
	Pantanjali		Creative Movement (fakeera baanwra)	Creative Movement (fakeera baanwra)	Shamanic Sweat Lodge (James Stevenson)	Contact Jam	Practice Space	
7pm to 8pm	Heart Building		DINNER					
8pm to 8.30pm			BREAK					
8.30 to 11pm	Shiva/Shakti	Opening Ceremony & Dance Party	Live Concert	New Years Eve Party with Singing, Cacao Ceremony, DJs Late night treats & Gong Bath	Live Concert	Dance Performances	End of Festival Student Performances & Closing Party	
10 to 12am	Heart Building		Nataraj Lounge		Nataraj Lounge	Nataraj Lounge		