

DAY/TIME	ROOM	Friday 29th Dec 2017	Saturday 30th Dec 2017	Sunday 31st Dec 2017	Monday 1st Jan 2018	Tuesday 2nd Jan 2018	Wednesday 3rd Jan 2018	
7.15-8.30	Shiva/Shakti	OSHO MEDS	Dynamic- Nitya, Piyush, Sonam	Nadabrahma Lifang, Ananda, Maitri	Kundalini Nitya, Kamayini	No Dimension Prem Ananda	Nadabrahma Lifang, Ananda, Maitri	
8:30-9:30	Heart Building		Breakfast					
9:45-11.15	Shiva/Shakti		Morning Gathering & Sharing					
11.15-11.45			BREAK					
11.30 – 1.30 Morning Sessions	Shiva/Shakti		5 Rhythms (Jada Jane)	Atisha Heart Meditation (Ashwin)	Creative Movement (fakeera baanwra)	5 Rhythms (Yiannis Thrasylvoulou)	5 Rhythms (Yiannis Thrasylvoulou)	
	Pantanjali		Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Contact Dance (Irene Sposetti)	Soul Dance (Maggie Meera)	
1.30pm to 2.30pm	Outside		LUNCH					
2.30pm-3pm			BREAK					
3pm to 4.45pm Afternoon Sessions	Shiva/Shakti		Biodanza (Niraj)	Biodanza (Niraj)	Biodanza (Niraj)	Belly Dance (Payal Gupta)	Belly Dance (Payal Gupta)	
	Pantanjali		Soul Dance (Maggie Meera)	Contemporary (Leah Curtis)	5 Rhythms (Yiannis Thrasylvoulou)	Contemporary (Leah Curtis)	Contemporary (Leah Curtis)	
4.45 to 5.15pm			BREAK					
5.15 to 7pm Evening Sessions	Shiva/Shakti	Opening Gathering Shiva/Shakti	Creative Movement (fakeera baanwra)	Soul Dance (Maggie Meera)	Bollywood (Vidisha)	Bollywood (Vidisha)	Bollywood (Vidisha)	
	Pantanjali		Chakra Balancing with Aroma, Light & Sound (Ashwin)	Creative Movement (fakeera baanwra)	Contact Jam	Rehersal Space	Rehersal Space	
7pm to 8pm	Heart Building		DINNER					
8pm to 8.30pm			BREAK					
8.30 to 11pm	Shiva/Shakti	Opening Ceremony & Dance Party	Suhail Khan Live in Concert	New Years Eve Party with, Cacao Ceremony, DJs Late night treats & Gong Bath	3 <sup>rd</sup> Eye Activation (Ashwin)	Concert by Nilimesh followed by Contact Jam (Irene)	End of Festival Student & Teacher Performances	
10 to 1am	Heart Building		Nataraj Lounge		Nataraj Lounge	Nataraj Lounge		